

**It's OK to not feel OK**

Do you or someone you know struggle with not feeling like yourself?

Do you struggle with not feeling safe?

Do you or someone you know struggle with depression, bipolar disorder, alcohol addiction, grief, isolation, or other behaviors?

If so, you are not alone. Join so many others winning the battle and those who can relate to you. If you do not struggle with these but just want to talk, give us a call today.

**Pearl's Center of Hope**

**600 S. Sycamore St.  
Petersburg, VA 23803**

**Phone: 804.215.3558**

**Website: [pearls4hope.com](http://pearls4hope.com)**



**Pearl's Center of Hope**

It's the Grit that makes the Pearl.

**Phone: 804.215.3558**

# About Us

At Pearl's Center of Hope, Inc. our dedicated staff works hard to provide life-changing African American culturally competent, client-centered services.

## **Mission:**

Our goal is to provide support to those in crisis to see that hope is obtainable and possible.

## **Values**

P.E.A.R.L.S

Passion for all we serve  
Excellent delivery of care  
Accountability to our team and clients  
Respect for all  
Leadership mentoring models  
Support that works your way

# There Is Hope

We help clients with anxiety, eating disorders, feeling disconnected, grief, nervousness, panic attacks, PTSD, sexual abuse issues, trauma-related disorders, uncontrollable anger, uncontrollable crying, and so much MORE.

Using several interventions including talk therapy, we build a treatment plan that is uniquely yours. Assessments at intake ensure you are matched based on clinician's training and experience.

## Our Motto

You are more than what you have been through, let's focus on what is strong rather than what is wrong to move you or your loved one forward. Call TODAY

# Our Services

## **Outpatient Counseling**

We provide services to clients who are (age 5 and 95), children adolescents, and adults through individual, couples, marriage, or family, and group therapy.

We also provide therapy to clients who are located throughout the state of Virginia using our secure telehealth platform. Through outpatient counseling and many other services, we aim to provide an outpatient counseling practice that provides in-person therapy in Petersburg, Virginia.

